

A Note From Our Administrator

We welcome our Residents' visitors and feel that it is important for Residents to have a face-to-face connection with their loved ones. We ask that you follow the current level of guidelines for our building to ensure the safety of our Residents.

- Masks are required in all skilled nursing facilities.
- When you enter the building, please take your temperature at the automatic machine by the front door and then sign in at the front desk.
- Wear your mask at all times during your visit.
- Two Visitors per room – others may wait in the lobby until it's their turn to visit.
- Please remain in the room during your visit.
- If you would like to speak to our nursing staff, push the call bell and they will come to the room to assist you.

We hope this helps and we thank you for your patience and understanding.

Karen Hurst

Administrator, Polaris Healthcare & Rehabilitation Center

Our Department Leaders

- | | |
|--|---|
| ▪ Karen Hurst
Administrator | ▪ Sabrina Farren
Director of Rehabilitation |
| ▪ Ila Klingler
Director of Nursing | ▪ Molly Gallagher
Dietitian |
| ▪ Becky McClure
Assistant Director of Nursing | ▪ Joan Page
Director of Food Services |
| ▪ Mona Boyer
Interim Human Resources | ▪ Shannon Savage
Central Supply |
| ▪ Elizabeth Bostic
Business Office Manager | ▪ Walt Muzyk
Director of Maintenance |
| ▪ Susan Kirchdoerffer, DO
Medical Director | ▪ Ron Bratten
Director of Housekeeping |
| ▪ Theresa Patten
Staff Development/
Infection Control | ▪ Joan Page
Director of Dining Services |
| ▪ Carrie Geyer
Activities Director | ▪ Lisa Pillman
Social Services |
| | ▪ Lori Stafford-Dulin
RNAC |



Jamming out with Sky Brady



Residents Art Show with Karen working on a community coloring mural



Karen's first acrylic paintings



Garden gnomes sewing project, made by the Residents

Resident Birthdays

Sarah Wilkerson · 9/5
Bob Bossert · 9/11
Karen Harris · 9/12

Staff Birthdays

Corina Steeley · 9/08
Arica Frazier · 9/16
Alicia Rojas · 9/19
Jelissa Lucas · 9/24
Charles Nelson · 9/28
Jessica Cash · 9/28

**Welcome to
Our New Employees**

Lisa Pillman
Michelle Patten
Shannon Savage
Earl Smullen
Aliasha Allen








September 2022 Activity Calendar



September 2022

Activities subject to change, check daily chronicles for current events.

	Mon	Tue	Wed	Thu	Fri	Sat
<i>Chronicles and room visits daily.</i> <i>Weekend chronicles Delivered Saturday</i>			<i>Tentative Church Service/Bible Study TBA</i>	1 10:30 Room Visits 2:00 September Trivia Challenge	2 10:30 Social Group 2:00 Balloon Volleyball	3 2:00 B I N G O
4 11:00 Church Service in Activity Room 2:00 Table Games in Dining Room	5 Labor Day Plant Care 10:30 Sensory Groups 2:00 Wii Bowling in the Dining Room	6 10:30 Nail Care 2:00 B I N G O	7 10:30 Outside Patio Group 2:00 Resident Council	8 10:30 Room Visits 2:00 Workout Thursday 	9 10:30 Social Group 2:00 Price is Right Game in DR with prizes	10 2:00 Harvest Moon Moon Pie Snacks during Bingo B I N G O
11 11:00 Church Service in Activity Room 2:00 Table Games in Dining Room	12 Plant Care 10:30 Sensory Groups 2:00 Back to School Project for Adopt-a-Teacher	13 10:30 Nail Care 2:00 B I N G O	14 10:30 Outside Patio Group 2:00 Workout Wednesday 	15 10:30 Room Visits 2:00 Benny Rosa  Musician and Singer	16 10:30 Social Group 2:00 Avocado Day Social - Guacamole, Salsa and Chips	17 Favorite Poem Day 2:00 B I N G O
18 11:00 Church Service in Activity Room 2:00 Table Games in Dining Room	19 Talk Like a Pirate Day Plant Care 10:30 Sensory Groups 2:00 Wii Bowling DR the Dining	20 10:30 Nail Care 2:00 B I N G O	21 10:30 Outside Patio Group 2:00 Workout Wednesday 	22 First Day of Fall 10:30 Room Visits 2:00 Leaf Printing	23 Village Fun Fest Outdoor Festival with the Funsters 4-8pm Sign-up with Activities	24 2:00 B I N G O
25 Rosh Hashanah 11:00 Church Service in Activity Room 2:00 Table Games in Dining Room	26 Plant Care 10:30 Sensory Groups 2:00 Ancestry Charts Project	27 10:30 Nail Care 2:00 Food Committee Meeting and Monthly Birthday Party	28 10:30 Outside Patio Group 2:00 B I N G O	29 10:30 Room Visits 2:00 Workout Thursday 	30 10:30 Crochet and Knitting Group 2:00 Social Hour	Activity ext. 4006



Resident of the Month: Janet McGhee

Janet McGhee is our September Resident of the Month. She also just recently celebrated her birthday at the end of August. Janet was born in New Hampshire and has 6 children, adopted another child, and raised 4 foster children.

She worked many years as a Nursing Assistant in Maryland and when her husband became ill, she stayed home to take care of him. She still takes on the role of caregiver, looking after her friends here at Polaris. Janet spends her time reading, playing Bingo, hanging out with her best friend/ roommate, and enjoys her favorite meal, Hot Dogs and Beans.



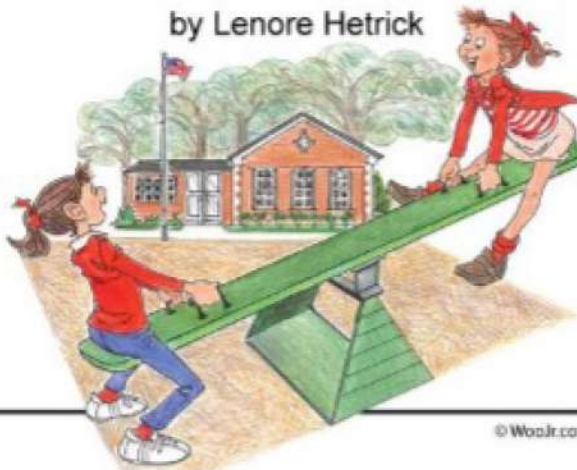
How many types of apples can you name?

Memories

We may complain about our school work,
 Perhaps we think our lessons hard.
 We'd much prefer to be out playing,
 And running in the big schoolyard.
 But with the passing of the years
 The dearest memories we'll call
 Will be of hours that we have spent
 Within the old gray schoolhouse wall.

We may consider it a trial
 To have to add and multiply,
 And lessons in geography
 Bring many a long-drawn, anxious sigh,
 But with the passing of the years
 When time has cast its purple haze,
 The memories that we will treasure
 Will be of long-gone, old school days.

by Lenore Hetrick



© Wozlr.com. All Rights Reserved.

